



Why restrictions are needed

Albertans have a responsibility to slow the virus's spread and make sure the health system can continue supporting patients with COVID-19 and many other needs. There is a time lag between when people get infected and when new cases are identified. This means the cases we see today were infected up to 2 weeks ago. We must work together to protect each other. The greater the community spread, the more likely it will infect our loved ones most at-risk of severe outcomes, including death.

What else you should do

Continue following existing public health measures to keep everyone safe:

- Stay 2 meters apart from others
- Wear a mask in public spaces, indoor workplaces and places of worship
- Practice good hygiene: wash your hands often and cover coughs and sneezes
- Monitor your symptoms every day
- If sick, stay home, get tested, and follow mandatory isolation requirements while waiting for results:
 - o if positive, isolate for 10 days or until symptoms are gone, whichever is longer
 - o if negative, stay home until you're better
- Download and use the ABTraceTogether contact tracing app when out in public

Starting May 5, 2021, the following restrictions come into effect. These restrictions will be in place for at least 3 weeks and will be extended if necessary. Province wide restrictions remain in effect for all other communities.

Mandatory, additional restrictions for high case regions – Effective May 5, 2021

Indoor gatherings

- All indoor gatherings remain prohibited.

Outdoor gatherings

- All outdoor social gatherings must be limited to no more than 5 people and a maximum of 2 household cohorts.
- Mandatory physical distancing must be maintained at all times between members of different households.

Mandatory, additional restrictions for high case regions – Effective at 11:59 pm on May 9, 2021

Indoor activities

- All indoor sport, performance and recreation activities for youth and adults are prohibited.
- Indoor fitness and recreation facilities must close, including for 1-on-1 training.

Outdoor activities

- All outdoor sports and recreation activities are prohibited, except with members of your household, or your two close contacts if you live alone. This includes:
 - o all group physical activities, such as team sports, fitness classes, training sessions
 - o all one-on-one lessons and training activities
 - o all practices, training and games
- Outdoor recreation facilities can remain open unless specifically closed by public health order.

Professional sport organizations

- Professional sport organizations that have received an exemption can continue, provided protocols are strictly followed.

Mandatory, additional restrictions for high case regions – Effective May 5, 2021

- 10-people maximum for funerals, including participants and guests.
- Funeral receptions are not permitted.

Mandatory, additional restrictions for high case regions – Effective May 5, 2021

- Any workplace, except work camps and essential and critical services, with transmission of 3 or more cases will be required by health officials to close for 10 days.

- Any workplace that does not comply will be subject to enforcement.
- Working from home remains mandatory unless the employer requires the employee's physical presence to operate effectively.
- Where at work for operational effectiveness, employees must mask for all indoor settings, except in work stations or where two-meter physical distancing or adequate physical barriers are in place.

Enforcement

If you violate a public health order, you may be subject to a \$2,000 fine. Additionally, you can be prosecuted for up to \$100,000 for a first offense.

If you are concerned someone is not following public health orders, you can:

- remind them that not following orders is against the law and puts people at risk