



## Why restrictions are needed

Albertans have a responsibility to slow the virus's spread and make sure the health system can continue supporting patients with COVID-19 and many other needs. There is a time lag between when people get infected and when new cases are identified. This means the cases we see today were infected up to 2 weeks ago. We must work together to protect each other. The greater the community spread, the more likely it will infect our loved ones most at-risk of severe outcomes, including death.

## What else you should do

Continue following existing public health measures to keep everyone safe:

- Stay 2 meters apart from others
- Wear a mask in public spaces, indoor workplaces and places of worship
- Practice good hygiene: wash your hands often and cover coughs and sneezes
- Monitor your symptoms every day
- If sick, stay home, get tested, and follow mandatory isolation requirements while waiting for results:
  - o if positive, isolate for 10 days or until symptoms are gone, whichever is longer
  - o if negative, stay home until you're better
- Download and use the ABTraceTogether contact tracing app when out in public

**Starting May 5, 2021, the following restrictions come into effect. These restrictions will be in place for at least 3 weeks and will be extended if necessary. Province wide restrictions remain in effect for all other communities.**

**Mandatory, additional restrictions for high case regions – Effective May 5, 2021**

Indoor gatherings

- All indoor gatherings remain prohibited.

#### **Outdoor gatherings**

- All outdoor social gatherings must be limited to no more than 5 people and a maximum of 2 household cohorts.
- Mandatory physical distancing must be maintained at all times between members of different households.

### **Mandatory, additional restrictions for high case regions – Effective at 11:59 pm on May 9, 2021**

#### **Indoor activities**

- All indoor sport, performance and recreation activities for youth and adults are prohibited.
- Indoor fitness and recreation facilities must close, including for 1-on-1 training.

#### **Outdoor activities**

- All outdoor sports and recreation activities are prohibited, except with members of your household, or your two close contacts if you live alone. This includes:
  - all group physical activities, such as team sports, fitness classes, training sessions
  - all one-on-one lessons and training activities
  - all practices, training and games
- Outdoor recreation facilities can remain open unless specifically closed by public health order.

#### **Professional sport organizations**

- Professional sport organizations that have received an exemption can continue, provided protocols are strictly followed.

### **Mandatory, additional restrictions for high case regions – Effective May 5, 2021**

- 10-people maximum for funerals, including participants and guests.
- Funeral receptions are not permitted.

### **Mandatory, additional restrictions for high case regions – Effective May 5, 2021**

- Any workplace, except work camps and essential and critical services, with transmission of 3 or more cases will be required by health officials to close for 10 days.

- Any workplace that does not comply will be subject to enforcement.
- Working from home remains mandatory unless the employer requires the employee's physical presence to operate effectively.
- Where at work for operational effectiveness, employees must mask for all indoor settings, except in work stations or where two-meter physical distancing or adequate physical barriers are in place.

## Enforcement

If you violate a public health order, you may be subject to a \$2,000 fine. Additionally, you can be prosecuted for up to \$100,000 for a first offense.

If you are concerned someone is not following public health orders, you can:

- remind them that not following orders is against the law and puts people at risk