

mikisiwipesim pîkiskwewina

www.afneducation.com

tan'si niwâhkômâkanak,

WOW, half the school year has passed already! At KEC, it shows that time is irrelevant when good work is being done, our staff continue to work very hard to ensure your child receives only the best that we can offer through both the online and in-school platforms.

When you think about the current situation our Nation and people are in with this pandemic, we've shown how resilient we are in ensuring that the programs and services of Alexander continue with meeting the needs of the Nation. A huge thank you to everyone for taking care of each other and continuing to take care of each other; AWESOME JOB ALEXANDER!

For those parents who have students in senior high, I want to remind you that semester 1 exams have been concluded, 1st Term Report will be sent home with your child with their course marks for first term.

Here are a few dates to keep in mind for February 2021:

- | | | |
|------------------|---|--|
| February 1 | - | First Day of semester 2 (high school) |
| February 3 - 5 | - | Professional Development – No classes |
| February 10 | - | Monthly Awards / Acknowledgements 9:30am |
| February 15 | - | Family Day (No School) |
| February 15 | - | Family Day Event @ KEC 6pm (ball diamond area) |
| February 22 - 26 | - | Legends Week |
| February 24 | - | Pink Shirt Day |
| February 26 | - | Legends Week Performance Day (virtual) |

Please take the time to read through this month's newsletter for more detailed information regarding your child's grade as well as other exciting things happening in the month of February.

ekosi mâkâ

Mr. Cory L. Arcand



News from Mrs. Sewlal

Tânisi!

Valentine's Day is the one special day of the year when we feel comfortable to express love freely to the precious people in their lives. During this Covid era it is even more important to express our love for because we're all feeling so isolated. As we celebrate Valentine's Day this month, in the absence of our usual exchange of cards, roses and hugs, we will have to settle for virtual messages to convey our love.

Here are some simple messages that I've used or received over the years that you can share with your special friend or all your friends.

Valentine's Day is all about love, so I'm sending some of mine to you. Thanks for being a friend.

I was just thinking about all the people who matter to me this Valentine's Day, and you popped right into my head.

Happy Valentine's Day to the person who knows me best and somehow still wants to hang out. What would I do without you?

Valentine's Day reminds me of how much I love our friendship.

My heart is full thanks to awesome friends like you. Happy Valentine's Day, everyone!

Happy Valentine's Day to all my friends! I hope your day is full of love.

Ay ay,

Betty Sewlal



Mrs. Park

Welcome back to the 2nd semester. I am so proud of the students who were able to overcome the barriers that the pandemic brought and successfully complete semester 1. Senior high academic awards will be given on the 10th of February. I hope we have a successful 2nd semester, and we are able to continue in-school classes.

Senior highs, if you have not received your 2nd semester schedule, please email me or Miss Thompson, and we will get that to you right away.

If any KEC students would like a paper copy of their award, please let the office know, and we will print it out for you.

K-12 Education Support Services Update

As we return, we will be doing our midyear assessments. K-12 ESS will continue to provide as many of the supports as possible while following the safety protocols in place.

We will continue to do awards and acknowledgements and find new and different ways to continue some of our functions and events.

ekos

FNSSP

The FNSSP administration meeting was at KEC school on the 19th of January. The Parent Conference was a success and thank you to all the parents that attended.

Robotics club is in full swing and will continue to the end of the year.

The students will be doing the Fountas and Pinnell reading test, as well as the math assessment this month.

This month the leadership team will be going to Sylvan Lake to finish the plans and work on the conferences that will be occurring on the 13th to the 15th at Camp Nakamun.

Our school will be having the Speak Out on February 28th for students in grade 7 – 12.

Upcoming events:

February 1-2: Sylvan Lake Leadership team meeting

February 13- 15: High School Camp

February 28: Speak Out grade 7-12@ KEC

March 14: Administration Meeting @ Alexis

hiy hiy

Mrs. Park



KIPOHTAKAW EDUCATION CENTRE FEATURE FILM

Family Day movie and fireworks!!

**COME JOIN US AT
KEC SCHOOL GROUNDS
FEB 15/21 6PM**

TREAT BAGS WILL BE GIVEN!!

DRAW PRIZES TO BE WON!

**COME JOIN US FOR THIS FUN SAFE ACTIVITY!
*MUST STAY IN OWN VEHICLES**

WE WILL ALSO BE PROVIDING EDUCATION SURVEY RESULTS.

***COVID RULES WILL BE STRICTLY ENFORCED**

Kipohtakaw Education Centre



February 2021



Sun

Mon

Tue

Wed

Thu

Fri

Sat

	1 Morning Circle 8:30-9:30am First day of semester two for Sr.high Day 2	2 Day 1	3 No Classes Professional Development Day Day 2	4 No Classes Professional Development Day Day 1	5 No Classes Professional Development Day	6
7	8 Morning Circle 8:30-9:30am Day 1	9 Day 2	10 Jan. Awards Virtual Assembly. Sr.High Academic Achievement Awards at 9:30am Day 1	11 Day 2	12 Day 1	13
14	15 No School Family Day Day 2	16 Morning Circle 8:30-9:30am Day 1	17 Day 2	18 Day 1	19 Day 2	20
21	22 Morning Circle 8:30-9:30am Legends Week—February 22—26, 2021 Day 1	23 Day 2	24 Wear Pink Shirt Day! Stop Bullying Day 1	25 Day 2	26 Legends week virtual performance Day 1	27
28						



News from K4

Tansi! This month we have focused more on working with our alphabets, numbers, shapes, and counting in Cree. We are also learning about “Legends”-|âcimonah).

Mrs. Hunter, Kohkum Kathy, and I are having fun with this topic. As a reminder, please make sure that your child is attending regularly. We are covering a lot of content; to ensure your child is ready for K5 in the Fall.

Ninanâskomôn,

Miss Dreaver, and Kohkum Kathy.

News from Kindergarten (K5)

Tansi K5 Families,

We are half-way through the year now, wow! The end of January marks the midway point, and everywhere we look, we see the progress and we feel the joy of having every student with us.

Our themes in January changed, as we continued to do our learning online. The students studied how animals get ready for winter and learned about the hibernation of bears, the great migration of monarch butterflies, and how the arctic fox adapts to its surroundings. We finished off our month by learning about Groundhogs, and the students had so much fun making their predictions about whether the groundhog would see his shadow!

In literacy, the students continued to work on their rhyming comprehension, as well as their phonemic awareness. The students have made great progress in their numeracy skills, and many have advanced to learning basic addition and subtraction! Well done K5!

Cree continues to be incorporated into our classroom. Kohkom Kathy joins our class daily to say the morning prayer, and the students have been learning their Cree numbers to 20, as well as how to say "who, what, where, why and when" in Cree with Miss Valerie.

We will begin February by learning about kindness, who was St. Valentine, and will learn about a new artist!

Hopefully we will be back in the classroom soon! We wish that all our families are doing well, and thank you for continuing to have your children join online each day. Seeing their smiles is truly the highlight of our day!

Mrs. K, Mrs. Alanna, Ms Lee-Anne, & Kohkom Kathy



Grade 1 mikisiwipîsim acimowin

Tanisi Parents/Guardians,

Wow!! Can you believe that it is already February? Here we are just flying through the school year! With that being said, I would like to thank all those parents/guardians who come online with their children everyday. Attendance is key in your child's success.

In Social Studies, we are working on "Taking Part in a Community" Unit. In Science, we will be starting our "Building Things" unit.

Grade 1 Math: We completed; Numeration, Measurement and Geometry units. We will be starting our new unit on Addition & Subtraction (2 digit numbers with no regrouping).

Grade 2 Math: We worked on Addition & Subtraction (2 digit numbers, no regrouping). We will continue to work on addition and subtraction with 2 digit numbers.

Ekosi,

Mrs. Flett and Miss Carol



Grade 1, 2, 3 Language Arts

Tanisi!

I hope everyone has had a great first month of 2021!

Everyone has been making the best of our online learning and I am very proud of the students who have showed up and work hard to get their assignments done everyday. I have seen a lot of growth in all of the students who have been attending regularly and it makes me so proud and happy!

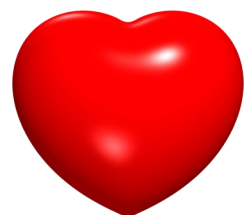
Please make use of your child's Raz-Kids account which has books available to read online. This is a great way to improve our reading skills even more! Some iPads have the Raz-Kids app on it. If it does not, then you simply go to raz-kids.com and log in that way. The directions on how to log on are posted in our google classrooms. If you have any trouble don't hesitate to ask me. **My request is for each student to read 1-2 books every night as homework/home reading and do the quiz that goes along with it.** Since the books are set at their independent reading level, they can either do this on their own or even better they can read to someone in the house.

As we continue with our online learning please ensure that your child keeps their camera's on during class time. It becomes very difficult to know if students are listening and understanding if their camera is off and/or they are not responding. In these cases, students who do not respond or turn their camera's on when asked, will unfortunately be removed from the class. I want to see everyone's lovely faces during class time and do not want to remove anyone, so keep those cameras on!

I am looking forward to another great month of learning with our KEC students! Keep up the hard work, everyone!

Mrs. T. Madraga

Mrs. Hazel Burnstick



Grade 3 mikisowipesim acimowin

Tansi kahkiyaw! I hope everyone is staying safe and healthy.

The grade 2 and 3 students have all been awesome online learners and participators. Congratulations!

We are continuing with the winter theme unit in Cree 2 &3 and continue to practice our classroom commands in preparation for return to school.

In Science, we are in the middle of our unit on Testing Materials and Designs and will be moving on to Building with a Variety of Materials.

In Social we are learning about Peru, Ukraine and Tunisia.

Hope to see everyone soon!

Ekosi maka Ms. Tallcree and Miss Nikki.

Happy
Valentine's
Day

News from Grade Four Homeroom

Tân'si Parents/guardians,

Mikisowpesim (February) is a very busy month with learning. It is filled with many teaching moments surrounding the value of love and respect. We also have started to discuss legends, it is really great to be able to learn, listen, and perform legends.

First Nations Educators Conference will be held on February 3-4th, so there will be no school for students.

Family Day is on February 15th, please come out to our Kipohtakaw Education Centre Drive in movie night and fireworks event. Covid protocols will be enforced. We are wishing you all a very safe, and happy day filled with loving memories with your family.

In science, our grade 2 students are wrapping up our unit on Boats and Buoyancy, and we will begin to start exploring our Liquids unit. Grade 4, we have been working with our unit on Plant Growth, and we will start our Building Devices that move unit. Grade 5, we finished Classroom Chemistry unit, and will begin our unit on Electricity. With our grade 6 classroom, we are wrapping up our Sky Science unit and we will start on our Evidence and Investigation unit.

In social studies, we are discussing the topics of culture, community, and identity. We explore specific geographical places regarding our lesson and topics. We develop skills with map reading, inquiry, and problem solving. We examine current events and respond critically.

Kindergarten gym is always an exciting class to teach virtually. I certainly feel my mood lift after every class because of the body movement. I strive to encourage fair play and to treat each other with love and kindness. We have been maxing out our GoNoodle champs. I am so proud of them!

Ekosi pita,

Mineault, Courtney, James

 *Happy Valentines Day* 

Grade 5

Welcome to February! I hope everyone is doing well and continues to stay safe. I would like to give a shout out to the students and parents/ guardians who are helping their child log on everyday. It takes a lot of energy and motivation to ensure the skills of learning continues during this time.

This month we will be continuing with our read aloud and focusing on the reading strategy of inferring on events in a story. This will give students a chance to look at what events are and use the author's clues to learn about lessons and messages being taught in a text. Our writing focus will be looking at different forms of poetry and how our ideas and feelings can be expressed through this type of writing.

If you have any concerns or questions about how your child is doing please do not hesitate to contact me: mariahtaylor@kipohtakaw.com I am always happy to see when parents/guardians reach out.

Ekosi,

Mrs.Taylor, Geri, Tamara, Lisa

Happy 
Valentine's Day!

Math Grade 4, 5, 6 News

Tânisi!

I can't believe it is already February

January was filled with so much learning. The entire month was online and I was so happy to see so many of our students logging in after the break. I am so happy to see my students who are logging into our google meets, but for the ones who are not able to log into the meets due to internet issues I have posted all of the assignments and the instructions for those assignments in our google classroom so that they can stay caught up.

In Math for grades 4-6 have been working on Multiplying and Dividing. The grade 4s have also worked on fractions, 2D shapes and 3D objects.

In February we will continue our number unit for all grades. We will be finishing up with multiplication and division for all of the grades. Grade 4 will be starting on Measurement and the Grade 5 & 6s will be starting fractions and decimals.

In all of the grades we will continue using a variety of computer programs, such as google classroom, mathletics, prodigy, and class dojo. If you need your child's log in information or if you have any other questions please email me at michel-lemorin@kipohtakaw.com.

Thank you to all of the students who make sure that they are coming to class every day, ready to learn, you are doing a fantastic job!

Ms. Morin

Miss Morgan

 *Happy Valentines Day* 

mikisowipesim – bald eagle month – February



Tânisi kahkîwâw! Time is sure flying by, it is February already! It has been very busy in our online Cree classroom. It has given us more opportunity to focus on the Oral Cree language component. It has worked out to the student's advantage as we do not have any classroom visuals to go with, other than reinforcement activities and games from Cree Language websites. The students have been exploring the online Cree dictionary and research various Cree words. Teaching and learning online for these few months has giving the students an opportunity to listen, observe and speak with one another. I am very impressed with the participation and effort the students are putting into the oral language learning. Although, we are not able to do hands on activities we are creative with other ways of performing and in completing tasks. I strongly encourage parents who want to learn Cree to join the Cree Grade 4 and 6 classes with their child and learn some Cree. If you have any questions please email me at karenyellowknee@kipohtakaw.com.

Ekosi pita,

Ay ay Ms. Yellowknee.

News from Mr. Ng

Tansi KEC families,

This month, I would like to share tips that can help your child to develop a positive relationship with math. Some studies have shown, approximately 1/3 of children feel anxious when doing math. It is important to find out how we can help when dealing with the anxiety. A few questions you can ask: How do you react when you see a math problem? Does your heart beat faster? Does your mind go blank? Or do you just skip to the next question?

We have to help them understand that math is more than just than right or wrong answer, or just a set of facts and rules. Math is everywhere, although often we don't see it. Here are some examples: math is in grocery stores, math is in baking, math is in building stuff, math is in budgeting, math is in travelling. As you can see, it is everywhere.

Here are some tips for how you can help your child develop a positive relationship with math:

- Encourage curiosity
- Help your child to see that math is an important part of everyday life.
- Help your child to see that mistakes in math or life in general are not bad but opportunities to learn
- Ask them questions that focus on the process and not the answer

How do you talk about math at home – when children hear adults talk about how hard math is or that they don't like math, they tend to adopt these feelings.

Here is a math riddle for the month



**How can you make the equation true
by moving ONLY ONE matchstick?**

Please email me @ jasonng@kipohtakaw.com to see if you got the right answer.

Ay Ay,

Mr. Ng

The Courtorielle News



WELCOME TO SEMESTER 2!

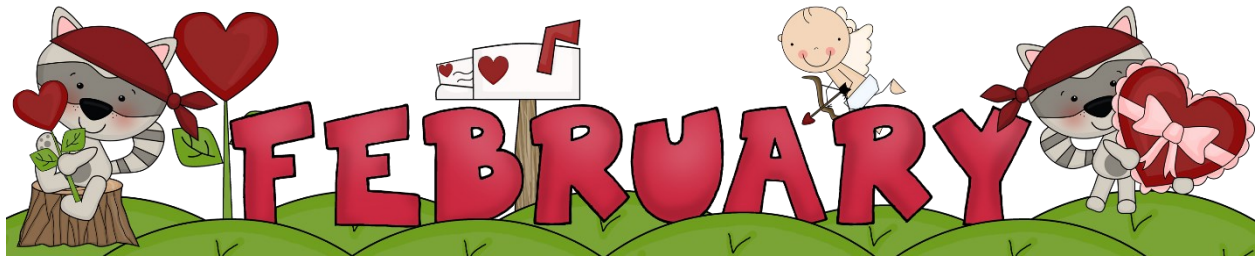
I'm looking forward to hopefully being back in school.

Hopefully we can continue to learn in person and us teachers get to see the wonderful students we care about and have missed dearly. We will still be working hard to get all outstanding assignments completed and to continue our learning. Please remember how important it is to attend school daily and to submit assignments on time.

Please contact me if needed stephaniecourtortielle@kipohatakaw.com

This semester I will be teaching Science 14. If you haven't already done so, please accept your google meet invite and your google Classroom invite.

See all of you online on Monday, February 1st.



Homeroom K&E

Tansi!!!

It really seemed like January was like....POOF!!! It went by really fast, almost a blink and it passed. We started off mild and hitting the colder temperatures. Please make sure your child is waking up every day and getting to their classes on time. January was not the greatest for attendance so let's work together to change that for this month. Due to the attendance, what was planned for January is pretty much planned for this month but with a few new items added.

Language Arts: Still work on reading and comprehension, working on writing skills such as sentence structure and paragraph writing.

Math: Working on multiplication, rounding and estimating, sum and difference which leads into adding and subtracting.

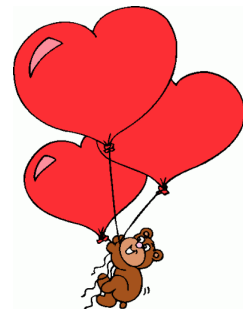
Social: we are still looking at comparing Inuit and Cree peoples

If you have any questions or concerns, please email me at michellest.denis@kipohtakaw.com.

Reminders to keep washing your hands, wearing a mask when outdoors and practice safe social distancing.

Ay Ay

Miss St. Denis & Miss White



Dreaver's News

Tansi, I hope everyone is enjoying the warm weather and staying safe. The last few weeks have been both difficult and interesting working from home, hopefully we can go to school very soon. I sure miss the staff and students.

Sr. Cree – I would like to thank all the students in the Senior classes who completed the Cree Language classes.

Nanaskomon mina kinanaskomitinawaw.

Jr. Cree – We will continue to study Unit 7- Mayiskamowin. We are looking forward to learning about Legends and Story's.

Mina kihtwam.



News from Mr. McKenna's Classroom!

SOCIAL 9

This month the students will be exploring Canada's economic system, and comparing it with other systems around the world. In doing so, the students will reflect on how these different economic systems affect the quality of life of its citizens. Students will also evaluate the values that shape and form the mixed and market economies of Canada and the United States and how scarcity, supply and demand, and competition impact individuals and groups overall.

SOCIAL 10

Our globe is getting smaller, and the Social 10 class will look into the impacts this has on the world. The Social 10 class will be looking into the big question, "**To what extent should we embrace globalization?**" In doing so, we will discuss the various ideas regarding our economic, social, and political world, including issues such as "pop culture", language, individual and collective rights, and laws. I look forward to hearing the students' points of views, sharing ideas, and gaining insight and opinions from all of my students in a respectful manner.

SOCIAL 20

This semester, the Social 20 class will focus on the topic of **Nationalism**. As a result, we will be looking into the big question, "**To what extent should our nation be the foundation of our identity?**" In exploring this question, we will be investigating our nation's influence on identity, how nationalism is shaped, how developing nationalist and non-nationalist loyalties unfold, and how individuals can reconcile conflicting loyalties when they occur. I look forward to working with the social 20 students this term, and I am excited to see the great possibilities with this group!

SOCIAL 30

Ideas are like seeds. They can grow if they are nourished, and they can die when they are dismissed. The Social 30 class will be looking into ideologies this semester, while focusing on the big question, "**Should ideology be the foundation of identity?**" In doing so, we will review topics such as beliefs and value systems, collectivism and individualism, shared values, and political, social, and economic ideological viewpoints. I look forward to hearing the students' points of views, having them share their ideas, and debating in a respectful and purposeful manner.

I'm looking forward to a great start to the new school semester!

Mr. James McKenna



February PE Newsletter

January has come and gone. It was a great month filled with workouts, yoga, scavenger hunts, and basketball. The Sr.'s have finished their first semester of the 2020-2021 school year, we hope you all did well on your finals!

Now that February is here, the weather has cooled down and the snow is finally here. Hopefully we will be back in school soon so that we can get outside and play. We are hoping to do some snow-shoeing, snow soccer, snow kickball, nature walks, and cross-country skiing. If we are still online there will be some more fun workouts, yoga, scavenger hunts, and some outdoor activities. There will definitely be some valentine's day themed activities.

Thank you to all of the students who have been logging into the PE classes. The class numbers have been low, so hopefully we will start to see more of you in the google meets or in the gymnasium depending where we end up.

Please remember that it is important to maintain and take care of our mental health and physical health.

There are many ways to take care of ourselves but here are 3 things we can all do each day....

BE ACTIVE FOR 60 MINUTES A DAY

GO OUTSIDE FOR 30 MINUTES A DAY

DRINK ATLEAST 8 CUPS OF WATER A DAY



Sr. Science Classroom Newsletter

FEBRUARY

Tansi everyone!

Science 9:

Students will be completing their *Environmental Chemistry* Unit (Unit C).

Science 10:

Students will be learning about *Energy and Matter in Chemical Change* (Unit A).

Science 20:

Students will be learning about *Chemical Change (Aqueous Solutions, The Reduction and Oxidation of Metals, and Organic Chemistry)* (Unit A).

Math 10-C:

Students will be learning about *Measurement* and *Trigonometry*.

Math 10-3:

Students will be learning about *Unit Pricing and Currency Exchange* and *Earning an Income*.



Hiy-hiy, Ekosi maka,

Mr. Malik

Counsellor's Corner

Welcome to the start of a new semester! Hopefully this finds you all well and ready for the second half of the school year. Fingers crossed that we will soon once again be able to resume a somewhat normal school day by being back in the school building with the students.

Due to covid, we have not been able to book any field trips to Post Secondary Institutions so far this year. I have set up a couple of virtual tours that I have invited the students to attend. If there is a particular Post Secondary Institution that your child is thinking about attending or you would like some more information about, please let me know. I would be happy to help connect you! Applications for the fall should be open for most programs now. It is important to apply early! Again, I strongly encourage all Grade 12 students as well as their parents/Guardians to come in and see me, email me or call me to make sure that they are on track for graduation requirements.

Stay tuned.....MacEwan University will be hosting an online Indigenous Youth Rising Conference on March 9, 2021. I will be registering our junior and senior high students for this amazing opportunity!

If you and your child are interested in applying for scholarships and bursaries, here are a couple of websites for you to check out.

-www.workwild.ca/scholarships/

-www.bbma.ca

-www.albertametis.com



Come in and Sit Down 

Sincerely,
Ms. Lara Thompson

FEBRUARY



HELLO PARENTS

Hope that you are all well and keeping safe. In the last couple of months your child has been watching the Wapos Bay Series featured on APTN.

This award-winning animated series follows the adventures of three Cree children living in remote northern Saskatchewan. Every episode, the kids find themselves in the middle of an extraordinary adventure. Guided by Elders, extended family and their own insatiable curiosity, T-Bear, Talon and Raven learn how to balance traditional ways with newer ones.

I really enjoy these short films because I can relate to the content and the challenges the episodes present. Your children are learning about identity, storytelling, cultural protocols, traditional lifestyles, community values, and history.

Once we are back in school, we will continue to use these resources as they relate to Cree traditions and practices. If you are interested in viewing an episode, you will find some published on youtube. Check it out and you will be amazed with the content.

Ekosi,

Raylene Hunter – History Development

Success Coach

Tansi,

Welcome to the last month of winter & the month of love!!!

I invite you all to join us for the Educators Conference! My colleague and I will be presenting on Emotional Regulation- This is open to all. Come and join us virtually!



simple, yet memorable and
meaningful

*Reminder that **pink shirt day** is on February 24, 2021!

Pink shirt day is dedicated to standing up against bullies and breaking the cycle that creates damaging behaviors in communities and schools. Bullying is a growing issue in the world today.

Be a buddy not a bully!

Hiy Hiy, Miss Courtney



February 2021 – Newsletter

“The only bird that dares to peck an eagle is the crow. The crow sits on the eagles back and bites his neck. The eagle does not respond, nor fight with the crow; it does not spend time or energy on the crow instead he just opens its wings and begins to rise higher in the heavens. The higher the flight, the harder it is for the crow to breathe and eventually the crow falls off due to a lack of oxygen.

Learn from the eagle and don't fight the crows, just keep ascending. They might be along for the ride but they'll soon fall off. Do not allow yourself to succumb to the distractions....keep your focus on the things above and continue rising!!”

The lesson of the Eagle and the Crow

- Solara



This lesson caught my eye and I am sure that we all have had our share of dealing with ‘crows’. This is another way of dealing with them in a ‘kind’ manner. So, continue to “fly with the eagles”!

Theresa V. Cardinal, Mental Health Therapist



BUZZ ON BEHAVIOUR

FEBRUARY 2021

WELLNESS PRESENTATIONS

Earlier in the year, Junior and Senior High students were polled to determine their level of interest in various areas of wellness.

As a result, we've learned that our students would like to hear more about Depression, Anxiety, Coping Strategies, Hygiene, Healthy Relationships, Self-Esteem, Sleeping Strategies and more.

The Student Support Services team will begin delivering 15-20 minute presentations each month starting this February. If you are interested in attending or would like more information please contact me.



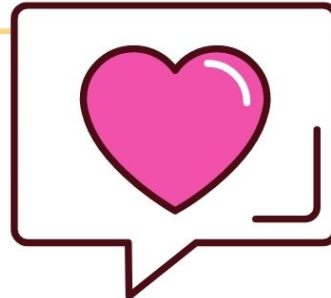
TIP OF THE MONTH: USE POSITIVE LANGUAGE OR THE GUIDE TO CATCHING BEES WITH HONEY

Positive language is a simple way to promote both love and collaboration while boosting confidence and improving your child's behaviour. While words like "no" and "don't" are necessary and can have a precise impact, they can be ineffective when getting your child to *listen* to a direction or when trying to change behaviours altogether. For some children, the word "no" triggers a meltdown or is tuned out completely as your child grows older.

So how do we begin using more positive language? I've found the best place to start is to stop telling kids what they *can't do* and start telling them what they *can do*.

Ex. **Instead of** "Stop kicking!" **try** "Keep your feet on the floor"

Positive language provides a more effective way of reaching the desired outcome (for the kicking to cease) while telling the child exactly how to reach the intended target behaviour.



ON LOVE AND HEALING

February marks not only Valentine's Day but also the grandfather teachings around *love*. I thought I'd share a few words from Muskrat Magazine on traditional drumming and its connection to love.

"The drumbeat represents the heartbeat of Mother Earth and of all life on earth. The beat of the drum reminds us of who we are and where we came from. Before children are born, the first drum beat they hear is the beat of their own mother's heart as she carries them in her womb. A hand drum love song is an extension of this pure love."

Muskrat Magazine. (2016, Feb 12). *Indigenous Love Traditions*. <http://muskratmagazine.com/indigenous-love-traditions/>

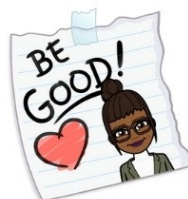
Book Recommendation:

The 5 Love Languages of Children
by
Gary Chapman and Ross Campbell

VIRTUAL CLASSROOM

For more tips, resources or information please feel free to visit my Google Classroom.

Code: **kto2bwo**



Keshena Wilson

Behavioural Consultant

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